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lifestyle choices. Whether you want to help people achieve healthier eating habits, lose weight, manage their stress levels, workout better, help fight the effects of aging, obtain a healthy work-life balance, or support pre and post natal clients, this program will help you do it ...

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*Fitness Careers for Personal Trainers /  
Premier Global NASM*

As a Personal Trainer, your hours will need to fit around your clients' lifestyles. Unlike the normal 9 to 5, you'll get to set your own hours but you may have to be a little flexible and

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**Starter** work some evenings and weekends. Income. You'll usually start on somewhere between £14k and £16k growing to around £17k with more experience.

*How to become and qualify as a personal trainer: Guide to ...*

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Follow the steps above and enjoy your new career as a health and fitness professional. **KEY POINTS.** Personal training requires skills in sales, marketing, budgeting/financing, and risk analysis. Starting out, fitness professionals can decide the environment they prefer to work in –

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Whether in a health club as part of a team or on their own.

## *Starting a Successful Personal Training Career*

The next step on the path to becoming a personal trainer is obvious: pass your certification exam! Once you



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pass, you'll be a certified personal trainer and ready to begin your new career. Exams are usually multiple choice and contain around 120-160 questions, although the pass rate varies.

*7 Steps to Becoming a Certified and ...*

*Page 17/43*

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With the Career Kickstarter bundle, you will launch your personal training career with the ultimate advantage. Set yourself apart from other trainers by combining NASM's three most powerful courses and the power of the NASM EDGE app at one low price.

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CPTs) are better prepared to actively start their fitness career. 2 Compare Personal Trainer Courses In 10 to 12 weeks you could be an NASM Certified Personal Trainer— setting your own hours and enjoying the job security of working in an industry that's expected to grow by 10%

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*How to Become a Certified Personal  
Trainer: - NASM*

"What do I need to become a personal trainer?" is a common question.

Fortunately, learning how to become a fitness instructor or personal trainer is

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a fairly straightforward process. Here are nine steps you can follow to become a certified fitness pro: 1. Assess your own attitude and abilities. There are many types of personal trainer careers.

*How to Become a Personal Trainer: 9*

*Page 22/43*

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## *Steps to a Fitness Career*

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ready to get started on your new  
career.

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Learn the tools that drive success as a  
personal trainer with the goal to  
ensure you make a living doing what

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Although your focus will be largely on

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fitness training, you can easily get different other specialized certifications. Doing this will allow you to have different clients and expand your market. Fitness Training Certifications Includes. Personal trainer; Strength trainer; Sports conditioning specialist; Senior fitness;

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Post-Rehab

*6 Tips to Help You Kick Start a Career  
in Fitness ...*

Start your career in fitness There are many different routes into a fitness career. Whether you want to go straight in as a personal trainer or gym

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Whether you want to become a Personal Trainer, Group  
Instructor or specialise as a Yoga  
teacher, Pilates instructor or Sports  
Massage Therapist, we've got all the  
information you need to help you  
decide.

*Start your career - Personal Trainer  
Courses and Fitness ...*

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**Start** Certified Personal Trainer The Certified Fitness Trainer program is designed to equip graduates with the practical day-to-day skills necessary, as well as the theoretical knowledge needed to excel as a personal trainer serving the general public.



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## *7 Alternative Jobs for Personal Trainers | ISSA*

This is where personal trainer certification comes in. Being a Certified Personal Trainer (CPT) tells potential clients and employers that you have been officially assessed and qualified to work as a trainer.

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Education and certifications: An educated trainer makes for happy and successful clients.

*Personal Trainer Job Description -  
National Federation of ...*

Job Description\* Should have  
certification (REP's lev 1,2,3) or

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equivalent · \*Job Profile for Fitness trainers and Gym instructors... · Give emergency first aid if needed · \*Career Overview\*: Fitness trainers and instructors lead, instruct, and motivate individuals or groups in exercise activities, including cardiovascular exercise...

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*Personal trainer Jobs in Dubai |  
Glassdoor*

DW Fitness is looking for passionate gym-goers who would like to build a successful career as a Personal Trainer in one of the UK's most prestigious gyms. Successful

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Applicants will have worked towards an internationally recognized Level 3 Personal Training Qualification and will join the team of PT's at DW Fitness.

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TRAINFITNESS*

1-year minimum experience as a

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fitness trainer/group trainer. Be a vibrant, passionate, living example of fitness and health.

*Fitness Trainer Jobs, Employment | Indeed.com*

Jump Start Gold is the Zumba fitness trainer certification that not only

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includes Zumba Basics 1, but the Zumba Gold certification, which means that you can teach classes that are tailored to older adults who would otherwise be unable to attend the usual Zumba classes. What's included: Zumba Basic 1 Instructor Manual ; Zumba Gold Manual

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