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Adopting a coaching mindset will facilitate the coachee's learning and reflection, improving the impact of coaching. Developing a coaching mindset means the coach should focus on ways to: Maximize the coachee ' s potential by allowing the coachee to unlock his or her own answers; Promote accountability by identifying concrete actions and potential setbacks; Encourage action that reaches toward a goal after each coaching session

~~8 Essential Ingredients for Adopting a Coaching Mindset Today~~

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thinking; Stop worrying and stressing out ; Identify what mindset you hold and how to improve it

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